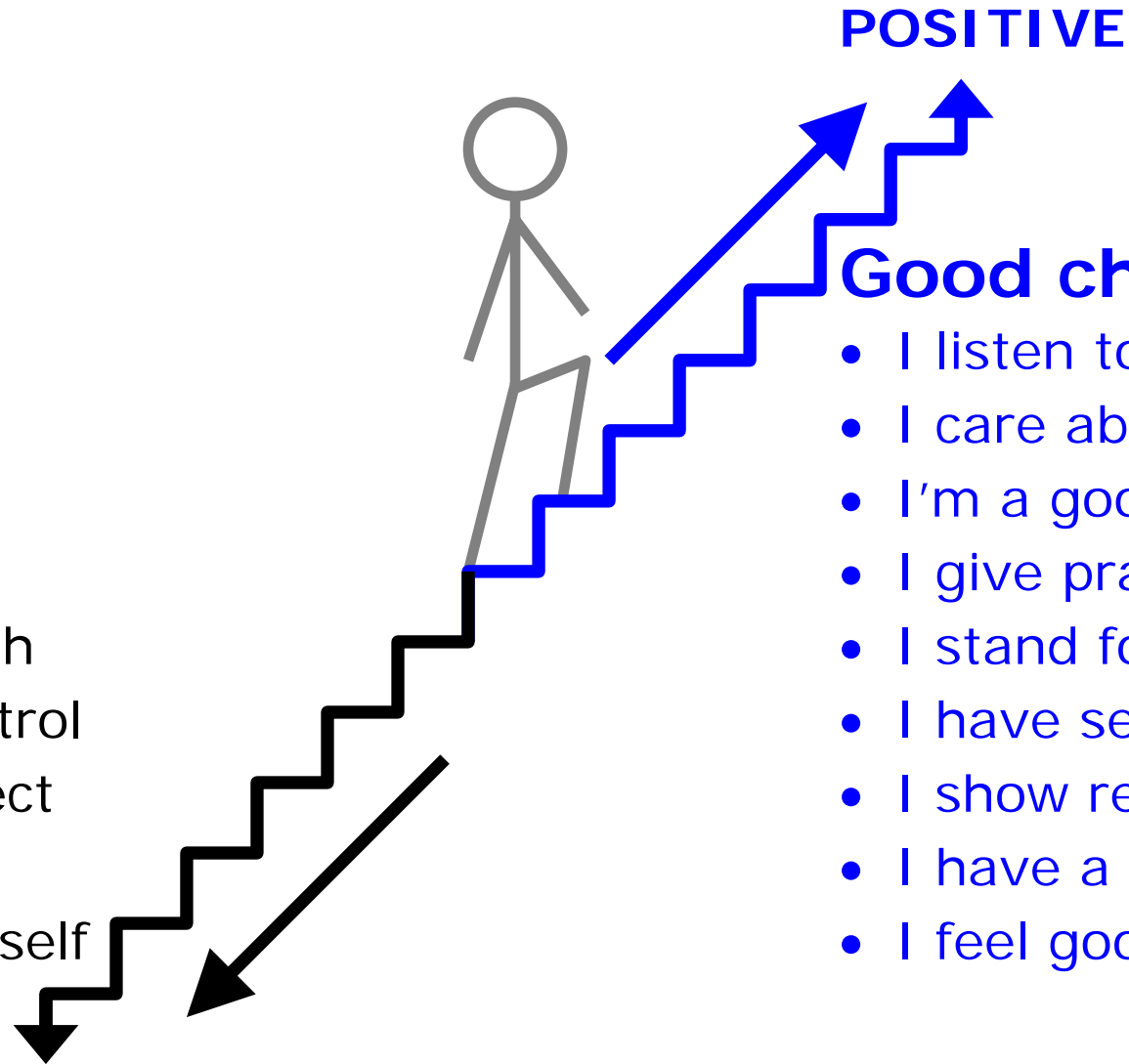


It's Your Choice!

Bad choices

- I don't listen
- I'm selfish
- I'm nasty
- I say mean things
- I lie/avoid the truth
- I have no self-control
- I don't show respect
- I can't change
- I feel sorry for myself

NEGATIVE



POSITIVE

Good choices

- I listen to others
- I care about others
- I'm a good friend
- I give praise
- I stand for the truth
- I have self-discipline
- I show respect
- I have a choice
- I feel good!