

Report from the spring 2004 Nordic Integral Meeting in Copenhagen Denmark

By Nick Drummond, Mats Edin and Per Löfberg
Nordic Integral
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www.nordicintegral.com

Summary

More and more people in Scandinavia who have been influenced by leading edge integral thinkers like Ken Wilber, Don Beck and Andrew Cohen are sensing the potential for integral second tier thinking and it's application in fields including business, media, music, art, healthcare, education, politics and leadership etc. We are rapidly approaching the tipping point for this next great leap in human evolution. The Nordic Integral Team wanted a group of Scandinavians to come together to connect and explore ways of making this possible.

To help facilitate this leap we invited participants from Norway, Sweden and Denmark to take part in a spring meeting hosted at the IEF centre in Copenhagen Denmark on April 17. It was a rare opportunity – combined with great weather and great food – to meet with like-minded people in an atmosphere of intimacy and openness to explore the integral challenge now facing the Scandinavian countries.

One of our purposes was to create a dynamic second tier network with the goal to make this momentous leap possible in Scandinavia. It was an historic day with 17 participants, professional engaged in fields including psychology, education, marketing, and medicine, who came together to discover an already burning collective passion for change. It was an opportunity to actively engage and exchange experiences about what is already happening and to focus on the important question: What's next?

Finding communion in virtually no time at all

We began our meeting after lunch at the IEF centre by briefly presenting the context for the Nordic Challenge. To do this we used a video sequence from Leap into the Future, from the conference held in Copenhagen 2003 with macro-change facilitator and Spiral Dynamics expert Don Beck and evolutionary philosopher and spiritual teacher Andrew Cohen.

The group benefited greatly by having professor Erland Lagerroth giving a thorough and fascinating introduction to the work of integral philosopher Ken Wilber. Erland Lagerroth (www.lagerroth.com) has written a number of books in Swedish introducing Ken Wilber.

With the model Spiral Dynamics already familiar with all participants Nick Drummond went on to use the multimedia presentation of Stuart Davis's song the Ladder (this can be download at www.nordicintegral.com) to add further depth and inspiration to the context for this historic meeting.

Per Löfberg and Peter Bastian went on to tell about Andrew Cohen's teaching and about enlightened communication and intersubjective discussion groups as a more informal atmosphere was created around the dining table at the IEF centre. The group was very interested in talking about consciousness and consciousness evolution, the second tier state of flow, Mihály Csíkszentmihály as well as morphogenetic fields by Rupert Sheldrake.

One of the most important things that we actually proved this afternoon was that it is possible to find communion with a group of people who don't already know each other, have different backgrounds, for a higher purpose and in virtually no time at all.

Applications and documentation

- **Nick Drummond** and **Mats Edin** talked briefly about their work in the field of education. Of landmark importance in Sweden they are giving an introductory lecture on Integral Education and Spiral Dynamics for PhD students in pedagogic at Malmö University on May 4. Mats Edin is working as a Chief Psychologist in Malmö, regularly giving lectures to parents, students and teachers as well as being called in to help catalyse change in schools. Nick Drummond works as a private consultant for school leaders as well as heading Nordic Integral. Nick Drummond told about a school project he is presently working with where he is applying the work of Andrew Cohen, Don Beck and Ken Wilber to create evolutionary change.

We emphasised the need for documentation, naturally using the cases we have been, successfully, working on. Case study documentation will be published on www.nordicintegral.com so that everyone can benefit from what is happening.

- **Eva Hildebrand** who works as a private psychologist in Denmark told about her use of Ken Wilber's four quadrants with her clients. She reported on being more successful in helping them when using this integral map, thus creating a more inclusive context and better results for her therapy. In addition she also uses this in her important work in educating psychotherapists.
- **James Hammink**, also a private psychologist and amongst his many credentials has trained in Don Beck's SDI 1 and 2, is presently holding a 36 hour course in Copenhagen covering the work of Ken Wilber, integral psychology, Don Beck and Spiral Dynamics, as well as spirituality and meditation.
- **Peter Bastian** is a professional musician as well as author, and lecturer philosopher and is one of Denmark's most popular public speakers, giving talks to large audiences as well as on radio and TV. He told about the readiness for change to second tier he is experiencing in his audiences, and that that shift can occur spontaneously.
- Many participants stated documentation of the work we are doing as being of special importance. Documentation is vitally necessary in order for us to more easily and more quickly win over support for the growing interest in the application and use of second tier thinking. As **Mats Edin** expressed, it pushes people to hear that these things are actually happening. Listening to the fact that other people are doing things makes us also realise that it must also be possible for us to do it as well. The example of seeing that it is really possible to do something inspires everyone. Because in many cases people are coming from the experience of not seeing possibility at all – people like **Erland Lagroth** who wrote a fantastic 40 page introduction to Ken Wilber's book *Sex Ecology Spirituality*, had it published at the University of Lund, Sweden's

second largest university, and received not even one response. So people like Erland have been working against the wind for decades and it's time for such important work to be recognised and supported. This form of documentation does not have to be in the form of lengthy and time consuming in-depth scientific studies, with control groups and so forth. But it requires making a record of what we are doing, how we are doing it and the real change that is happening and being reported by the clients we are working with. As **Peter Bastian** phrased it, "creating a living documentation" that can be actively used now. In the evolutionary context we are working in we literally don't have the time for something to be put on a shelf.

- A Nordic Integral list-serve will also be created to facilitate the network.
- **Michael Högberg** is drama teacher and head of the aesthetical program at Sweden's second largest high school in Ystad which has over 3 000 students. He is working on introducing the use of the model Spiral Dynamics in education at this particular school.
- **Ib Hörlyck Jensen** and **Else Rydahl** talked about their launching the Danish Forum for integrated studies (www.integralestudier.dk) on the May 25 with a workshop for 20 participants. Included in this is introducing the work of Integral Transformative Practice (ITP) as pioneered by George Leonard and Michael Murphy.
- After dinner **Per Löfberg**, who is business consultant and professional actor, introduced us to one of his recent creations, a character called **Bob Freedom**. Bob is a chest-pounding, high-energy second tier RED -YELLOW agitator imparting words of genuine wisdom.
- The group and Nordic Integral decided to meet quarterly. The next meeting is suggested to be Saturday September 4, with the theme focusing on using the collective consciousness to work with project case studies. An invitation will be sent out confirming date, location and program.
- Enlightened Communication and Intersubjective Consciousness. Workshop on Enlightened Communication the 15th of May guided by Chris Parish, the leader of The European IEF- centres. Chris Parish is very experienced in guiding these kinds of discussions. Price 150 DK, last day to sign up May 10 (0045-35386676).

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Program (from April 17)

1.00 pm Lunch at Café Guldanden. Luxurious vegetarian risotto.

2.00 pm Coffee at the IEF centre

2.30– 6.00 pm Meetings including breaks, refreshments, at IEF centre, Rosendalsgade 11.

- Presentation of context for the meeting and the Nordic Challenge. Video sequence from Leap into the Future, Conference in Copenhagen 2003.
- Presentation of the Ladder.
- Summary presentation of leading edge thinkers, Ken Wilber, Don Beck and Andrew Cohen and what they are working with.
- Break, fruits and drinks
- Presentation of enlightened communication events.
- Participants discussing what they are working with which is in line with enabling second tier human emergence.
- Discussions. What's next?

6.30 pm Day officially ended. Snacks and hang out.

7.30 pm Dinner at the IEF centre.

Participants

Karin Bastian	IEF, Psychologist
Peter Bastian	IEF, Author, lecturer philosopher
Nick Drummond	Nordic Integral, Consultant
Mats Edin	Nordic Integral, Chief Psychologist
Martin Fluri	IEF, Marketing WIE - magazine
James Hammink	Psychologist
Eva Hildebrand	Psychologist
Michael Högberg	Drama teacher, journalist
Ib Hörlyck Jensen	Forum for Integral studies, engineer
Charlotte Juul	IEF, Networker, Human Resources
Erland Lagerroth	Professor, author, lecturer, philosopher
Per Löfberg	Nordic Integral, Art, Business consultant
Else Rydahl	Forum for Integral studies, doctor
Karsten Skipper	Forum for Integral studies, lecturer
Dennis Sørensen	IEF, Networker
Vibeke Wagener	IEF, Project Manager
Henrik Sørensen	Lecturer